



# V.I.B.E

Together



ERASMUS+



KA210-ADU 2024-2-IE01-KA210-ADU-000290735



## KICK OFF MEETING

1-3 October, Limerick

## KICK OFF MEETING

*The three-day transnational project meeting brought together representatives from each partner organization, including 1 Project Coordinator, 1 Content Creator, and 1 Volunteer Coordinator per partner.*

*The meeting served as a strategic and collaborative platform to align partners on project goals, implementation steps, and quality assurance mechanisms, while strengthening cooperation among the consortium.*



# V.I.B.E

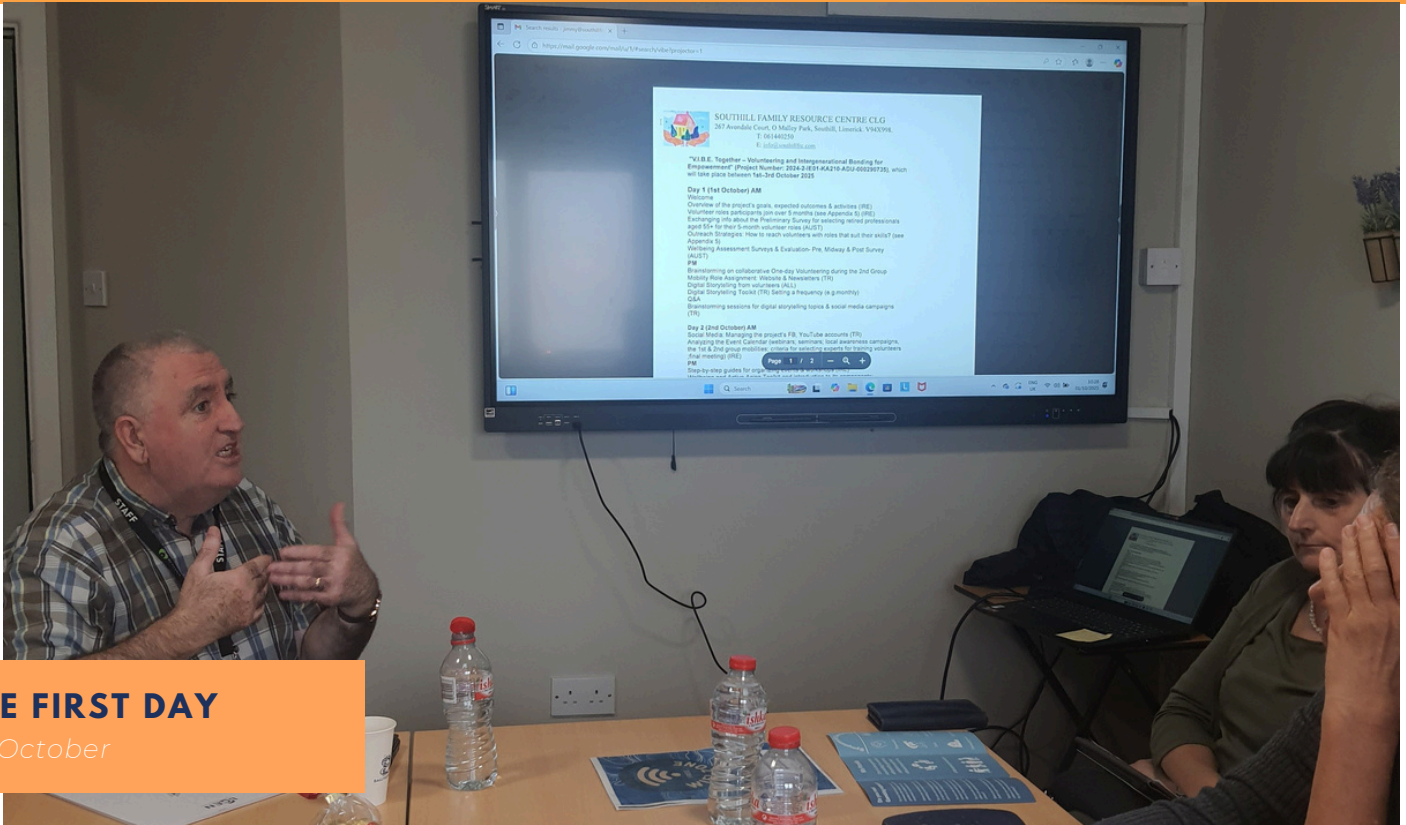
Together



ERASMUS+

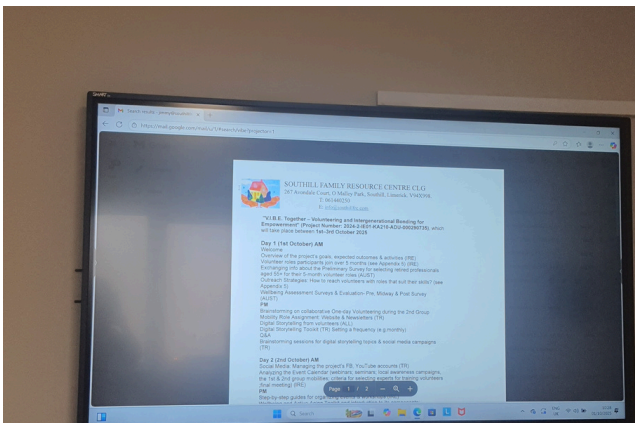


KA210-ADU 2024-2-IE01-KA210-ADU-000290735



## THE FIRST DAY

1st October



The first day started with a welcome session and an overview of the project's goals, expected outcomes, and activities. Partners discussed the **five-month volunteer roles** for aged 55+ and exchanged information on **the preliminary survey** used to select and match volunteers according to their skills.

The group then focused on outreach strategies to reach suitable volunteers and reviewed the **wellbeing assessment process**, including **pre, midway, and post surveys**. In the afternoon, partners brainstormed ideas for a collaborative **one-day volunteering activity during the second group mobility**. Roles were assigned for **website management, newsletters, and digital storytelling**, and a regular communication schedule was agreed upon. The day ended with a short Q&A session and creative discussions on storytelling themes and social media campaigns.





# V.I.B.E

Together



ERASMUS+

 léargas

KA210-ADU 2024-2-IE01-KA210-ADU-000290735



## THE SECOND DAY

2nd October



The second day began with a focus on communication and visibility through managing the project's **social media channels**. Partners then reviewed **the event calendar, covering webinars, seminars, local campaigns, mobilities, expert selection, and the final meeting**.

In the afternoon, practical tools took center stage. Step-by-step guidelines for organizing events were presented, followed by an introduction to the **wellbeing and active aging toolkit** and its main components.



The partners finalized **a Gantt chart** to schedule all project activities and concluded the meeting with a brief discussion on project outputs, such as the toolkits, the **Gratitude Tree**, and the **Voices of Change video series**.



# V.I.B.E.

Together



ERASMUS+

 léargas

KA210-ADU 2024-2-IE01-KA210-ADU-000290735



## THE THIRD DAY

3rd October



The third day started with a focus on monitoring and evaluation, during which partners agreed on clear metrics and methods to track the project's overall progress. This included **surveys** coordinated by Austria, regular feedback collection, and monthly guidance and support for volunteers. The group also set up regular check-ins and progress reporting procedures to ensure the project stayed on track. **Budget-related issues** were discussed to guarantee transparent and responsible **financial management**.



In the afternoon, partners reviewed safety and protection rules for all participants and agreed on practical tools for regular communication, such as **email** and **shared online drives**. The day continued with a visit to **Tait House**, offering an opportunity for informal exchange and cultural insight. The meeting concluded with a final evaluation session followed by **a certificate ceremony**, marking the successful completion of the transnational meeting and celebrating the partners' collaboration and commitment.